



PLEASE FIND A LIST OF RENAL OUTPATIENT SERVICES FOR YOUR PATIENTS
St George and Sutherland Hospitals 2010
INFORMATION FOR GPs IN THE ST GEORGE AND SUTHERLAND AREAS

Nephrologists

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Dr Partha Shanmugasundaram
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Dr Cathie Lane
 Tel: 02 9113 2622
 Fax: 02 9553 8192

Renal Palliative Care

Dr Frank Brennan
 Renal Palliative Care
 Tel: 02 9113 2622
 Fax: 02 9553 8192

St George Hospital Public Clinics

Nephrology and hypertension	Consultant (s)	Where	How to book
Mondays 1300 hrs	Brown/Ong/Katz	Prichard Wing	Tel: 9113 2622
Tuesdays 0900 hrs	Ong	Ward 4 West	Tel: 9113 2622
Wednesdays 0900 hrs	Katz	Ward 4 West	Tel: 9113 2622
Fridays 0900 hrs	Chan	Prince William Wing	Tel: 9113-2513
Renal palliative care clinic			
Tuesdays (1 st , 3 rd of month) 1400 hrs	Brennan	Ward 4 West	Tel: 9113 2622
Obstetric medicine clinic			
Mondays 12-1300hrs	Brown	Prichard Wing	Tel: 9113 2622
Day Assessment Unit (pregnancy)			
Mon, Wed Fridays 11-1200 hrs	Brown/Mangos/Ong	Ward 1 South	Tel: 9113 3145
Donor assessment and follow up			
Wednesdays 0900-1200 hrs	Lane	Ward 4 West	Tel: 9382 4437 or 9113 2622

The Sutherland Hospital Public Clinics

Nephrology and Hypertension	Consultant	Where	How to book
Mondays 12-1600 hrs	Parthasarathy Shanmugasundaram	Community Health Centre, TSH	Tel: 9540 8660

WHO MAY BE CONSIDERED FOR REFERRAL TO A NEPHROLOGIST?

Anyone with:

- eGFR < 30mL/min/1.73m²
- Unexplained decline in kidney function (> 15% drop in eGFR over three months)
- Proteinuria > 1g/24hrs (see clinical tip)
- Glomerular haematuria (particularly if proteinuria present)
- CKD and hypertension that is hard to get to target
- Diabetes with eGFR < 60mL/min/1.73m²
- Unexplained anaemia (Hb < 100 g/L) with eGFR < 60mL/min/1.73m²

Anyone with an acute presentation and signs of acute nephritis should be regarded as a medical emergency and referred without delay.

WHO DOES NOT USUALLY NEED TO BE REFERRED TO A NEPHROLOGIST?

CKD Stage 2 and 3

- Stable eGFR 30-89 mL/min/1.73m²
- Minor proteinuria (<0.5 g/24hrs with no haematuria)
- Controlled blood pressure

The decision to refer or not must always be individualised, and particularly in younger patients the indications for referral may be less stringent (e.g. minor proteinuria).

In CKD Stages 2 and 3

- Don't refer to nephrologist if targets of therapy are achieved
- Pay attention to CVD risk reduction
- Use ACE inhibitors/ARBs
- Monitor three to six monthly

Private Rooms

Consultant	Where	How to book
Brown	50 Montgomery St, Kogarah	T 9113 2622 F 9553 8192
Chan	Suite 7b, L5, 1 South St Kogarah Suite 15, Medical Specialists' Centre, Cnr Queen & King Sts, Campbelltown 2560	T 9553 8458 F 9553 8947 T 4625 7766 F 4625 6192
Kelly	Blue Cross Medical Centre, 19 Kensington St Kogarah Suite 14, L1 468 The Kingsway, Miranda	T 9553 0155 F 9553 1140 T 9531 0633 F 9531 0699
Lane	Blue Cross Medical Centre, 19 Kensington St Kogarah	T 9553 0155 F 9553 1140
Mangos	Suite 7H, Level 5, 1 South St Kogarah	T 9553 7711 F 9553 1091
Shanmugasundaram	Blue Cross Medical Centre, 19 Kensington St Kogarah	T 9553 0155 F 9553 1140

It is useful for patients to have a recent set of biochemistry, haematology and a renal ultrasound with them. If a specific Consultant's clinic is preferred, please address the referral letter to that doctor.

ANY PATIENT with an ACUTE RENAL SYNDROME (eg Acute Renal Failure) should generally be seen urgently. Someone is usually available to discuss cases on the above numbers.