

South East Sydney Area

GP Shared Antenatal Care Protocol Summary Aug 2011

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
GP 6-10 wks	<ul style="list-style-type: none"> ➤ History and examination ➤ Provide details of hospital services and options of care ➤ Assess interest in and suitability for GP shared antenatal care ➤ Commence yellow antenatal card & complete booking referral form, and obtain patient consent for information sharing. ➤ Discuss iodine and Folic acid supplementation <p><u>ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> • FBC • Blood group and antibody screen • Haemoglobin EPG (as per hospital guidelines) • Rubella serology • Syphilis screening (ELISA) • Hepatitis B (surface antigen) • Chlamydia <25yrs or high risk • Varicella VZ IgG (if not sure of previous exposure) • <u>Offer</u> HIV antibody and Hepatitis C antibody screening (with appropriate counseling) • MSU for M/C/S • Pap smear if due <p>Ensure copies of all tests are sent to appropriate ANC</p> <p><u>OPTIONAL TESTS:</u></p> <ul style="list-style-type: none"> • 10-12 weeks Chorionic Villus Sampling (CVS) • 11-13 weeks Nuchal translucency +/- PAPP-A & Free βhcG • 14-16 weeks Amniocentesis <p>Ensure copies of all tests are sent to ANC</p>	<p>Early Pregnancy Information</p> <p><i>Options for care</i></p> <p><i>Previous experience/expectations</i></p> <p><i>Pathology tests/results</i></p> <p><i>Nutrition & exercise in pregnancy</i></p> <p><i>Pelvic floor exercises</i></p> <p><i>Reducing smoking/quitting</i></p> <p><i>Breastfeeding Information</i></p>
ANC 10 -14 wks (booking visit)	<ul style="list-style-type: none"> ➤ <i>Complete history and booking details</i> ➤ <i>Discuss all suitable options/models of care available within the hospital</i> ➤ <i>Assess interest in and suitability for GP antenatal shared care</i> ➤ <i>Offer & arrange fetal morphology ultrasound at 18-20 weeks</i> ➤ <i>Consider discussing Optional tests where indicated as above</i> ➤ <i>Complete 'GP shared care acceptance form' and return to GP</i> ➤ <i>Complete psychosocial screen</i> <p><i>Refer back to GP with completed patient record card (yellow card)</i> <i>If unsuitable for GP shared care, inform GP by fax or phone.</i></p>	<p><i>Discuss Chlamydia testing with < 25yr olds and those women 'at risk'</i></p> <p>Antenatal classes</p>
GP 16-28 wks (monthly visits)	<ul style="list-style-type: none"> ➤ Routine antenatal visits ➤ Breastfeeding - refer if previous problems <p><u>FETAL MORPHOLOGY ULTRASOUND.</u> 18-20 weeks. Change dates <u>only</u> if ultrasound is ≥ 10 days different to menstrual dates</p> <p>Ensure copy of Ultrasound Result is sent to ANC</p>	<p><i>Discuss U/S result</i></p>
GP 28 wks	<ul style="list-style-type: none"> ➤ Routine GP antenatal visit ➤ Remind RH negative woman anti-D prophylaxis due at 28 – 30 weeks depending on hospital, after the antibody screen <p><u>28 WEEK ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> ➤ FBC ➤ Antibody screen – for Rh negative women ➤ All women to have 50gm Glucose Challenge <p>Ensure copy of Pathology Results is sent to ANC</p>	<p><i>Explain all tests & results</i></p> <p><i>Common discomforts in pregnancy</i></p> <p><i>Pelvic floor exercises & bladder issues in pregnancy</i></p>
ANC 30 wks	<p><i>Review results of all investigations</i></p> <p>28 – 30 weeks prophylactic Anti-D</p>	<div style="background-color: black; color: white; padding: 5px; text-align: center; width: fit-content; margin: auto;">1st</div>

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
GP 32 -34 wks (fortnightly visits)	<ul style="list-style-type: none"> ➤ Discuss breastfeeding and refer if previous problems ➤ Routine prenatal visits ➤ Remind RH negative woman anti-D prophylaxis due 34 – 36 weeks depending on hospital 	Breastfeeding information – positive reinforcement
ANC 36 wks	<ul style="list-style-type: none"> ➤ Assess fetal growth, presentation, etc. ➤ GBS Screening – Take low vaginal swab as indicated by hospital protocol ➤ 34 – 36 weeks prophylactic Anti-D 2nd 	
GP 37- 39 wks (weekly visits)	<ul style="list-style-type: none"> ➤ Routine prenatal visits ➤ Refer to hospital antenatal breastfeeding groups if needed 	
ANC 40 – 41 wks	<ul style="list-style-type: none"> ➤ Review ➤ Assess suitability for induction of labour (IOL) ➤ Arrange/book IOL as appropriate ➤ Organize ongoing fetal welfare assessment as appropriate 	
GP 6 wks Postpartum	<ul style="list-style-type: none"> ➤ Postnatal visit ➤ Pap smear if due, Investigations if required, ➤ Assessment – maternal mental health status ➤ Book baby assessment and Immunisation (8 weeks) ➤ Breastfeeding management - refer if problems 	Child & Family Health Centre & postnatal supports Immunisation / SIDS

 **RESOURCE NUMBERS** 

SERVICE	SUTHERLAND	ST GEORGE	Royal Hospital for Women
Antenatal Clinic	9540-7245 ANC 9540-7240 Reception 9540-7304 Fax	9113-2162 Bookings 9113-1495 Enquiries 9113-3765 Fax	9382-6016 Liaison Midwife 9382-6048 Appointments 9382-6047 NUM 9382-6118 Fax
Delivery Suite	9540-7981 9540-7982 9540-7941 Fax	9113-2126 9113-2125	9382-6100
Birth Centre	9540-7982 Birthing Rooms	9113-3103	9382-6100
Ultrasound	9540-8638 Bookings/Enq. 9540-7644 Reception 9540-7643 Fax	9113-3500 Enquires 9113-3585 Bookings 9113-3980 Fax	9382-6080
Mental Health	9540-8828 Social work 9540-7474 Access 9540-7831 Acute team(ACTT)	9113-2488 Perinatal Mental Health	9382-6670 Perinatal psychiatry 9382-6337 Perinatal MH Midwife
Physio-therapy	9540-8300 Enquiries 9540-7717 Fax	9113-2163 Enquiries	9382-6540
Genetic Counseling	9113-3635	9113-3635	9382-6098
Drug & Alcohol Counseling	9540-7262 CUPs Service	9113-2944 CUPs Service	9382-6111 CUPs Service Page 22287 or 22303
MotherSafe	The Statewide Medications in Pregnancy and Lactation Advisory Service (02) 9382 6539 or for residents outside Sydney FREECALL 1800 647 848		
Hospital Lactation Supports	9540-7937 Maternity	9113-2053 Lactation Consultant or 9113-1111 page 181	9382-6341 Lactation Consultant 9382-6541 Parenting Education
EPAS (Early Pregnancy Assessment)	9540-7111 Contact O&G registrar page 125	9113-2162 8.00am – 8.30am Monday-Friday	9382-6701 Appointment only, with GP referral. 0730 – 1100 Mon – Fri. Out of hours page 44020 or 9382-6536
Breastfeeding & parenting support	Australian Breastfeeding Ass (ABA) 1800-686-2-686	Karitane 1300 227 464	Tresillian 9787-0855 (24 hour)
		Parent Line 1300 1300 52 (24 hour)	Child & Family Health nurse Refer to your nearest centre