

# COMMUNITY HEALTH SERVICES ► REFERRAL PATHWAYS

## SOUTHCARE - SUTHERLAND HEART & LUNG TEAM SUTHERLAND HOSPITAL

<b>Service provider</b>	Sutherland Heart and Lung Team (SHALT)
<b>Organisation Name</b>	Southcare, Sutherland Hospital
<b>Role</b>	Provide specialist home based and rehabilitation support for clients who live in the Sutherland Shire with chronic heart or chronic lung problems that put them at risk of an unplanned presentation to hospital. Clients and/or their carers need to be cognitively able to follow a health action plan and participate in self management training for their chronic condition(s). Exercise rehabilitation in the home, gym or community is offered for suitable clients.
<b>Services provided by organisation or individual</b>	Sutherland Heart and Lung Team (SHALT) – multidisciplinary staff – nurses, accredited exercise physiologists and physiotherapists. Team approach to care will provide education and support for clients and their carers to self manage their chronic cardiac and chronic respiratory diseases to achieve better symptom control. Carer support provided through home and group education sessions on a monthly basis. CALD carers and clients welcome – education materials available in many community languages.
<b>Location of service</b>	Home and hospital/clinic based service available.
<b>How to refer?</b>	Use the Southcare fax 02 9540 7869 and complete the forms on Medical Director or the Central Intake form for Southcare. Please request what services are required and attach relevant diagnostic and care planning information. For urgent referrals send fax and then call 02 9540 7046 for SHALT nurse.
<b>Costs associated with referral</b>	Nil
<b>Waiting list time</b>	By clinical need – prioritised on referral – urgent cases can be seen by SHALT staff Mon to Fri please call 9540 7046.
<b>Other comments</b>	Our area also has a Respiratory Co-ordinated Care Program (RCCP) for acute respiratory management in the home for chest infections, Pulmonary emboli and regular home support for people with severe COPD. Call nurse for 7 day service on 0428 977 974