

COMMUNITY HEALTH SERVICES ► REFERRAL PATHWAYS

SOUTHCARE - DIVISION OF AGED & EXTENDED CARE
SUTHERLAND HOSPITAL

Service provider	Southcare Dietetic Service
Organisation Name	Southcare - Division of Aged and Extended Care
Role	<ul style="list-style-type: none"> ▪ Provide individual assessment and nutrition education for referred clients ▪ Group education ▪ Training and education for HACC funded groups
Services provided by organisation or individual	<p>Housebound clients who are frail elderly and younger people with a disability can be referred by GP for:</p> <ul style="list-style-type: none"> ▪ Malnutrition/risk of malnutrition ▪ Enteral feeding, PEG, NG tube feeding ▪ Dysphagia/modified diet and fluids ▪ Nutrition related conditions such as diabetes, cancer, gastrointestinal problems ▪ Chronic conditions for which nutrition intervention can impact health outcomes, such as respiratory disease and non-healing wounds ▪ Obesity, if quality of life is compromised
Location of service	The Sutherland Hospital and Community Health Centre Southcare- Division of Aged and Extended Care
How to refer?	By calling Southcare intake officer on 95407956 or fax Southcare intake referral to 95403869
Costs associated with referral	Nil
Waiting list time	Varies depending on the number of referrals in a given month. Referrals are prioritised according to clinical risk
Other comments	Referral criteria includes housebound frail elderly or younger with a disability. Patients need to be aware of and agree to dietetic intervention and also be able to understand and comply with self management plans (or have a carer who can do so).