



ShireGPs

Sutherland Division of General Practice

PROVIDERS OF
MENTAL HEALTH
SERVICES
DIRECTORY



SUTHERLAND DIVISION OF GENERAL PRACTICE

Mental Health Providers Directory: December 2011

INDIVIDUAL PROVIDERS OF PSYCHOLOGICAL SERVICES

Clinical Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Clinical Psychologist						
Ms Allen	Stephanie	NuActive Health	34 Gibbs St	Ph: 9525 0255 0402 026 569	Tailored psychological treatment for a wide range of difficulties such as relationship difficulties, eating disorders. Use of several treatments such as CBT, Acceptance & Commitment Therapy & Dialectical Behaviour Therapy	Anxiety Disorders Mood Disorders Stress
			MIRANDA 2228	Fax: 9524 6966		Fees apply. Please contact provider for details
Ms Beall	Fiona	Child Adolescent Psychology Services	102 Gynea Bay Rd	Ph: 9540 2019 0432 483 026	Counselling, Family therapy, HSC stress management, risk management, Testing and Assessment	Child & Adolescent Specialist
			GYMEA 2227	Fax: 9540 2019		Will bulk bill clients with financial distress and clients with domestic violence
Dr Bentley	Cathy	Wellbeing Clinic	1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Depression/Post Natal depression Anxiety disorders Suicidality & Self Harm, Bi-polar
			MIRANDA 2228	Fax: 9540 1211		Bulk bill clients in extreme financial difficulty

Clinical Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms Bilibio	Angelica	2/52 President Ave CARINGBAH 2229	Ph: 0407 408 552 Fax: 8586 8856		Relationship Issues Loss Anxiety Disorders	Bulk bill clients on an individual assessment basis
Ms Birch	Edwina	Sutherland Psychology 37/61-65 Glencoe St SUTHERLAND 2232	Ph: 9545 4147 Fax: 9521 7827	CBT, ACT,EMDR Relationship counselling Solution oriented therapy	Trauma Children's Behaviour Problems	Low income earners are either bulk billed or given a discounted rate
Ms Bourne	Susan	Shire Clinical Psychology Level 1, 29 Kiora Rd MIRANDA 2228	Ph: 9524 7709 Fax: 8543 3801	Provision of psychological treatment for adults. Mainly cognitive behavioural treatment incorporating mindfulness techniques	Anxiety disorders, particularly OCD Health related anxiety Mood Disorders	Bulk billing offered to recipients of social security benefits
Ms Breen	Wendy	Shop 2, 15 Letitia St OATLEY 2223	Ph: 0410 447 089 Fax: 9579 2400		Depression Alcohol Abuse Anxiety	Fees apply. Please contact provider for details

Clinical Psychologist

		Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees	
Dr	Campbell	Leah	Ethos Clinical Psychology	Urunga Medical Centre 9/42-44 Urunga Pde	Ph: 0487 384 671	Assessment and treatment of adult anxiety disorders with a focus on using evidence-based cognitive-behaviour therapy (CBT)	Adult psychology Anxiety disorders Stress Management	Bulk billing available to individuals with financial difficulties and seniors
			MIRANDA 2228	Fax: 9531 7003				
Ms	Cartwright	Janet	Wellbeing Clinic	1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Depression Anxiety disorders Adjustment disorder	Bulk billing for clients in extreme financial difficulty
			MIRANDA 2228	Fax: 9540 1211				
Ms	Cohen	Monique	Clinical Psychology	Suite 6, 334 President Ave	Ph: 0402 400 575	Play therapy for children Psychoanalytic therapy Narrative therapy Psychodynamic treatment of Anxiety and Depression	Psychotherapy with children and adolescents Psychodynamic approach to depression and anxiety with adults	Clients in extreme hardship (especially child/adolescent clients) there can be an option to bulk bill
			GYMEA 2227	Fax:				
Dr	Dawson	Steve	Southern Community Welfare	2-4 Tea Gardens Ave	Ph: 9545 0299		Assessment & management of ADHD & Learning difficulties Assessment & management of Asperger Syndrome Treatment of anxiety & depression	Sliding fee scale for low income earners. Bulk billing available for some low income earners
			KIRRAWEE 2232	Fax: 9521 6252				

Clinical Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms Ellis	Jennifer	1/561 Kingsway MIRANDA 2228	Ph: 0412 796 004 Fax:	Assessment and treatment of mood, adjustment and anxiety disorders.	Health related anxiety Mood, adjustment and anxiety disorders	Fees apply. Please contact provider for details
Ms Fisher	Michelle Wellbeing Clinic	Suite 1, 545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Psychological Assessment Clinical Hypnosis Cognitive-Behaviour Therapy Stress Management	Anxiety Disorders Post Traumatic Stress Disorders Depression	
Dr Foley	Elizabeth	Shop 2, 52 President Ave CARINGBAH 2229	Ph: 0425 302 436 Fax:	Individual therapy. Group therapy for cancer patients Mindfulness Basede Cognitive Therapy for Cancer	Mindfulness Health challenges Cancer	Bulk bill in rare circumstances
Mr Gaston	Jonathan Sydney Anxiety Disorders Practice	4/42-44 Urunga Pde MIRANDA 2228	Ph: 0407 221 334 Fax: 9531 7003	Evidence based psychological therapy for anxiety and stress-related disorders.	Anxiety & Stress disorders Professional & parental burnout Maladaptive perfectionism & procrastination	Bulk billing for clients who are financially disadvantaged

Clinical Psychologist

		Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees	
Dr	German	Esters	Blue Shield Specialist Medical Centre	7/19 Kensington St	Ph: 9553 1160 0422 136 136	Assessment & treatment of Depressive & Anxiety Disorders, Case Management. Counselling Grief & Trauma. Dialectical Behaviour Therapy for Borderline Personality Disorder	Bulk billing pensioners only.	
			KOGARAH 2217	Fax: 9587 4198				
Dr	Lang	Meagan	Child & Adolescent Clinical Psychology Services	Suite 203, 304 Kingsway	Ph: 0403 530 276	The provision of evidence based psychological interventions to children & adolescents, working together with the family, including Parent/Infant Interaction Therapy, Cognitive Behaviour Therapy, Acceptance & Commitment Therapy, Schema focused therapy	Paediatric health & disability issues Anxiety/mood disorder Behavioural problems	Health Care Card Holders
			CARINGBAH 2229	Fax:				
Ms	Mamo	Lu	Specialist Consulting Rooms Level 1, Menai Marketplace		Ph: 9532 1166	Individual therapy for psychological issues	Mood disorders Anxiety disorders	Fees apply. Please contact provider for details
			MENAI 2234	Fax: 9532 1177				

Clinical Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees	
Dr	Norris	Gus	Suite 26, Level 2 19-21 Central Rd	Ph: 8207 6733	Clinical Psychology	Depression Anxiety Anger	Fees apply. Please contact provider for details
			MIRANDA 2228	Fax: 8003 9887			
Mr	Norris	Gus	Suite 26, Level 2 19-21 Central Rd	Ph: 8207 6733	Clinical Psychology	Depression Anxiety Anger	Fees apply. Please contact provider for details
			MIRANDA 2228	Fax: 8003 9887			
Ms	Ritchard	Nicole	Wellbeing Clinic 1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Eating disorders Sexuality gender issues Sexual abuse	Bulk bill for clients in extreme financial difficulty
			MIRANDA 2228	Fax: 9540 1211			
Mr	Scicluna	Stephen	42 Boronia Grove	Ph: 0416 025 880	Psychological Therapy	Behaviour Management Anxiety Depression	Bulk bill on request
			HEATHCOTE 2233	Fax: 9520 5808			

Clinical Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees	
Mr Thomas	Robert	Wellbeing Clinic	1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Depression, PTSD, Anxiety disorders Anger & Stress Management Assertiveness	Bulk bill clients in extreme financial difficulty
		MIRANDA 2228		Fax: 9540 1211			

GP

Dr Moore	Monica	Suite 9, Level 1 29 Kiora Rd	Ph: 0400 553 160 (Appointments) 9531 5744 (Messages)	CBT, IPT, ACT Hypnosis	Anxiety Depression	Fees apply. Please contact provider for details
		MIRANDA 2228	Fax: 8543 3801			

Occupational therapist

Mr Foote	Winton	Psychotherapy Services	Suite 2, 27A Eton St SUTHERLAND	Ph: 0422 953 043	Short and long term psychotherapy	Trauma Depression & Anxiety People seeking a more fulfilling experience of life	Bulk billing and fees can be negotiated if there are financial constraints
			SUTHERLAND 2232	Fax:			

Occupational therapist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Mr Mangipudi	Anup K	Occupational Therapy Suite 7, 754-760 Eton Arcade Princes Hwy SUTHERLAND 2232	Ph: 9545 3590 Fax: 9545 0357	Occupational Therapy		Fees apply. Please contact provider for details

Psychologist

Dr Abson	Tom	Suite 2, 38 President Ave CARINGBAH 2229	Ph: 9524 0277 Fax: 9524 0522		Stress/Fatigue Anxiety Depression	Pensioners and unemployed
Ms Aslin	Dianne	Positive Life Solutions 2 Coral Rd CRONULLA 2230	Ph: 0407 466 454 Fax:	CBT and psychodynamic therapy for relationships, bereavement, anxiety, depression, stress, adolescents and children, work issues, Worker's Compensation	Relationships Bereavement Adolescent/Children	I Medicare Bulk Bill all my clients
Mrs Bilibio	Gabriela	Shop 2, 52 President Ave CARINGBAH 2229	Ph: 0433 479 294 Fax: 8586 8856		Couple Therapy Depression (Postnatal & Antenatal) Anxiety	

Psychologist

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Ms Booker	Michelle	Wellbeing Clinic	Suite 1, 545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Strengths identification and application. Goal setting & striving positive relationships, meaning & purpose in life. Mindfulness & Meditation Depression & Anxiety, stress. Self esteem, social skills Substance misuse		Fees apply. Please contact provider for details
Mrs Borham	Veronica	Shire Psychology & Counselling	Suite 19, Eton Arcade 754 Old Princes Hwy SUTHERLAND 2232	Ph: 0409 032 820 Fax:	Counselling/Therapy Art and Play Therapy CBT; SFT; Emotional Release Therapy Workers Compensation	Trauma Autism (Children and family support) Behaviour	Fees apply. Please contact provider for details
Ms Chueng	Denise	Wellbeing Clinic	1/545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Counselling Psychologist	Anxiety Pain Management Post Natal Depression	Bulk billing for clients in extreme financial difficulty
Mr Curtis	Joel	Life Resolutions Miranda	Suite 2, Level 1 29 Kiora Rd MIRANDA 2228	Ph: 9690 5888 Fax: 9531 7463	Counselling, Life coaching CBT, Sports Psychology	Mens Health Relationship counselling	Will bulk bill low income earners

Psychologist

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Ms	Davies	Leanne	Leanne Davies Psychology Services	132A Woronora Rd ENGADINE 2233	Ph: 0422 556 797 Fax:	CBT, IPT, Counselling, Special Needs	Working with children and their familits for 25 yrs. Individual counselling	Fees apply. Please contact provider for details
Mr	Delany	Peter	Delany Wright Corpacity	Suite 4, Level 1 20-26 President Ave CARINGBAH 2229	Ph: 0410 454 910 Fax: 9012 0279	Counselling and psychotherapy for anxiety, depression, stress and life crises such as grief and loss, trauma, relationship issues and vocational issues	Depression Anxiety Mid-life crisis	Will bulk bill clients with financial hardship and with GP recommendation
Ms	Fowle	Deni	Youth Inspired	Suite 3, 334 President Ave GYMEA 2227	Ph: 0488 933 089 Fax:	Skills based psychological interventions for youth, utilising concepts of CBT, DBT, ACT	Self Harm Depression Anxiety	Bulk bill for clients on pension, youth allowance etc
Ms	Gittins	Janet		29 Austin St ILLAWONG 2234	Ph: 9543 5387 Fax: 9541 4264	Individual counselling of Adults & Adolescents 13 years> Couple counselling Group psychologist for adults with Aspergers Syndrome	Aspergers Syndrome	Fees apply. Bulk billing also available

Psychologist

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Ms	Goes	Anne-Marie	Life Resolutions Suite 34, 26 Belgrave St KOGARAH 2217	Ph: 9690 5888 Fax: 9588 1920	Workcover, CBT Acceptance & Commitment Therapy Mindfulness Therapy Depression & Anxiety	Depression	Fees apply. Please contact provider for details
Ms	Gurton	Briget	Kids Konnect Psychological Services Suite 307, 13A Montgomery St KOGARAH 2217	Ph: 0415 312 285 Fax: 8003 9160	Assessment Therapy for children & adolescents Anxiety & Depression School issues Autistic spectrum disorders Developmental delays	Behaviour Management Assessments	Fees apply. Please contact provider for details
Ms	Gurton	Briget	Kids Konnect Psychological Services Suite 203, 304 Kingsway CARINGBAH 2229	Ph: 0415 312 285 Fax: 8003 9160	Assessments, behaviour management,therapy for anxiety & depression, parenting issues,ADHD, Autistic Spectrum Disorders. Home visits may be available on request	Assessments Therapy Behaviour management	Fees apply. Reduced fees may be applicable to those in receipt of centrelink benefits
Mr	Haines	Damien	Haines Psychology 6/10-12 Woodville St HURSTVILLE 2220	Ph: 0466 982 116 Fax: 9570 9995	Depression and Anxiety Management and treatment Mental Health Adjustment Issues	Depression Anxiety Coping skills	

Psychologist

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Ms Hollands	Amie	52 Denman Ave WOOLOOWARE 2230	Ph: 0405 155 629 Fax: 9544 2008	Mindfulness based Cognitive Therapy CBT	Forensic Depression Anxiety	Will bulk bill HSC students and pensioners
Ms Hosking	Sara	Wellbeing Clinic 1/545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Counselling Psychology	Depression and Anxiety Mood Disorders Bullying behaviour	Bulk bill for clients in extreme financial difficulty
Ms Janes	Carol	Somewhere to Turn Pty Ltd Shop 3, 238 Princes Hwy SYLVANIA HEIGHTS 2224	Ph: 0414 272 634 Fax: 9528 0777	Focused Psychological Strategies for Medicare clients Counselling and therapy for private clients		Bulk bill those in financial difficulties otherwise fees apply
Ms Janes	Carol	Somewhere to Turn Pty Ltd Cnr Freya St & Solveig Cres KAREELA 2232	Ph: 0414 272 634 Fax: 9528 0777	Focused Psychological Strategies for Medicare clients Counselling and therapy for private clients	Trauma/Crisis Depression Anxiety	Bulk bill those in financial difficulties otherwise fees apply

Psychologist

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Ms Kennedy	Liz	Suite 101, 26-28 Gibbs St MIRANDA 2228	Ph: 9524 8128 Fax: 9544 2911	Clinical psychology services	Behavioural Disorders Anxiety Disorders	Fees apply. Please contact provider for details
Ms Kidson	Krystyna	Wellbeing Clinic 1/545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Counselling Psychology	Anxiety, depression Suicidal ideation Behaviour problems, social skills	Bulk bill clients in extreme financial difficulty
Ms Killey	Janice	Life Resolutions Suite 34, 26 Belgrave St KOGARAH 2217	Ph: 9690 5888 Fax: 9588 1920	WorkCover,CBT Acceptance & Commitment Therapy Anxiety & Depression Anger	Couples Counselling Depression	Fees apply. Please contact provider for details
Ms Klamer	Sharon	KAM Psychology 2/800 Old Princes Hwy SUTHERLAND 2232	Ph: 9542 6277 (Appointments) 0404 874 379 Fax: 9542 6288	Psychological services for adults, adolescents & families. Workers compensation	Depression Anxiety Mental Health clients	Some bulk billing available

Psychologist

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Ms Kyriakou	Aphrodite	Blue Shield Specialist Centre Suite 7, 19 Kensington St KOGARAH 2217	Ph: 0418 216 923 Fax: 9707 4908	Depression, Anxiety, Trauma Work Related Stress, Couple Counselling PTSD, Personality Disorders, Grief Medico Legal Insurance	Personality Disorders Depression Couples	Special rates apply for pensioners, students and unemployed.
Mr Law	Chiu Wellbeing Clinic	1/545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Counselling Psychology	Depression and Anxiety School issues Autism	Bulk billing for clients in extreme financial difficulty
Mis Littlefair	Katy Mind First Psychology	Level 1, 29 Kiora Road MIRANDA 2228	Ph: 0438 602 993 Fax:	Providing psychological treatment for adults and older adults. Personality Disorders/Anger management, Anxiety & phobias..Bipolar Disorder. Cancer support (clients and carers). Depression. Grief and loss. Pain Management. Relaxation. Self esteem and self development. Self- harm. Stress management. Suicide. Therapies used: Focused psychological support especially CBT and DBT. Long term and short term.		

Psychologist

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Ms	Lukeides	Maria-Elena	Lukeides Consulting Pty Ltd 26 Ewos Pde CRONULLA 2230	Ph: 0416 771 054 Fax: 8069 0609	Treatment of mood disorders for youth and adults. Professional supervision and group training	Mindfulness based cognitive behaviour strategies.	Fees apply. Please contact provider for details
Ms	Mackrell	Kylie	KAM Psychology Pty Ltd Sutherland Medical Centre 2/800 Old Princes Hwy SUTHERLAND 2232	Ph: 9542 6277 Fax: 9542 6288	Anxiety, Depression, Stress management, relationship issues, family & parenting issues, anger management, sleep problems, trauma, grief & loss, substance abuse and legal issues	Anxiety Depression Stress Management	Bulk bill clients on a pension, centrelink benefits, unemployment, single parents and full time students
Dr	Mangelli	Lara	Wellbeing Clinic Suite 1, 545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	CBT for mood, anxiety, somatoform disorders, personality disorders, psychological/sexual abuse	Mood disorders Anxiety disorders	Fees apply. Please contact provider for details
Dr	Martin	Michael	Suite 3, 545 Kingsway MIRANDA 2228	Ph: 9525 3444 Fax:	Chronic Pain Management Sport/Performance Psychology	Chronic Pain Management Sport/Performance Psychology	Fees apply. Please contact provider for details

Psychologist

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Mr	McDonald	Neil	Odonata Wellbeing Centre	Level 1, 13-15 Cnr Gynea Bay Rd & Warburton St GYMEA 2227	Ph: 8544 8288 0408 287 215 Fax:	Bereavement Care Anxiety/Depression Panic Disorders Relationship/Family counselling Group workshops on depression	Anxiety Depression Relationship counselling	Medicare-pensioners/unemployed
Ms	McGuire	Teneille	Sutherland Psychology	Suite 37, 61-65 Glencoe St SUTHERLAND 2232	Ph: 9545 4147 Fax: 9521 7827	Psychological Assessment and treatment tailored to client's personality and needs.	Anxiety Depression General Wellbeing	Limited bulk bill and discounted consultations available
Ms	Mulhall	Lisa	Maternal Minds	Room 1, Suite 8 31-33 Gerrale St CRONULLA 2230	Ph: 0406 949 598 Fax: 8078 4113	Pregnancy Support counselling. Treatment of Post Natal depression and anxiety	Pregnancy Support Counselling Treatment of Post Natal Depression Anxiety	Health care card holders and group treatment is bulk billed
Ms	Navia	Andrea	Re-Start Consulting	Level 1, 41-47 Eton St SUTHERLAND 2232	Ph: 9572 7444 Fax: 9572 7433	Counselling Pain Management Mediation	Addictions Anxiety & Mood Disorders Acceptance & Commitment Therapy	Fees apply. Please Contact provider for details

Psychologist

	Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms Newbury	Kathryn	4/38 Mansfield Ave CARINGBAH 2229	Ph: 0403 362 181 Fax:	Anxiety Disorders Depression, Mood Disorders Drug & Alcohol issues Psychotic Disorders Stress Management Grief, Anger Management, relationships	Cognitive Behaviour Therapy Mindfulness Therapy	Will bulk bill clients on a Centrelink benefit
Ms Paras	Helena	Seasons of Growth Psychological Services ILLAWONG 2234	Ph: 0402 281 582 Fax:	Therapy Assessment	Child protection/trauma Depression/Anxiety Children/Young people	Free service available. Bulk billing clients with financial difficulties
Mrs Pastor	Kim	AdolEssence Psychology Services ENGADINE 2233	Ph: 0403 493 641 Fax: 9548 0996	Child & Adolescent counselling Parent Management Training. Intellectual & Behavioural Assessment, Anger Management, Anxiety, Bullying, Depression, Relationships, Self-Esteem and confidence building, Interpersonal Therapy CBT	Building Resilience Child & Adolescent Psychology Parenting Programs	Will bulk bill if experiencing financial difficulties

Psychologist

		Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees	
Ms	Penny	Stephanie	Wellbeing Clinic	1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Abuse-sexual, physical, emotional Addictions, suicide, Anger management Violence, depression, anxiety, trauma	Bulk bill for clients in extreme financial difficulty
			MIRANDA 2228	Fax: 9540 1211				
Ms	Piazza	Leah	Wellbeing Clinic	1/545 Kingsway	Ph: 9540 3999	Counselling Psychology	Anger Management Social skills Depression and Anxiety	Bulk bill for clients in extreme financial difficulty
			MIRANDA 2228	Fax: 9540 1211				
Ms	Plush	Suzie	Southern Community Welfare	2-4 Tea Gardens Ave	Ph: 9545 0299	Counselling & Psychological Services Depression, Anxiety, relationships Grief, Trauma, self-esteem carer counselling, stress management	Anxiety Depression Relationships	Fees apply. Please contact provider for details
			KIRRAWEE 2232	Fax: 9521 6252				
Ms	Plush	Suzie	Best Life Psychology	Suite 4, 334 President Ave	Ph: 0431 160 770	Counselling & Psychological services Depression, Anxiety, relationships Grief, trauma, self-esteem Carer counselling, stress management	Anxiety Depression Relationships	Fees apply. Please contact provider for details
			GYMEA 2227	Fax: 9545 6828				

Psychologist

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Ms	Riolo	Christina	Life Resolutions	Suite 34, 26 Belgrave St	Ph: 9690 5888	CBT, Relationship Counselling Anger Parenting Anxiety & Depression	Post Traumatic Stress Disorder Anxiety & Phobias	Fees apply. Please contact provider for details
			KOGARAH 2217	Fax: 9588 1920				
Ms	Rudd	Heather	HRI Psychological Services	Metro Medical 5/62 Allison Cres	Ph: 0412 515 238	Trauma, depression, anxiety, pain management, health related issues, grief, weight management, stress, sport performance anxiety	PTSD Anxiety Pain management	Fees apply. Please contact provider for details
			MENAI 2234	Fax: 9541 1634				
Ms	Takacs	Sheena	Wellbeing Clinic	Suite 1, 545 Kingsway	Ph: 9540 3999	Assessment and Therapy	Depression Generalised Anxiety Disorder Borderline Personality Disorder	
			MIRANDA 2228	Fax: 9540 1211				
Ms	Thelning	Jodie	Best Life Psychology	Suite 4, 334 President Ave	Ph: 9525 1774	Individual counselling & Therapy Couple counselling		Fees apply. Please contact provider for details
			GYMEA 2227	Fax: 9525 1774				

Psychologist

			Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms	Tonkin	Alana	Wellbeing Clinic	Suite 1, 545 Kingsway MIRANDA 2228	Ph: 9540 3999 Fax: 9540 1211	Anxiety & Depression, Stress Management, Health Anxiety, Adjustment issues, Pain management, confidence and self esteem	Children- incl anxiety & depression, bullying Adjustment issues Women's Health incl pain management	Bulk billing for clients in extreme financial difficulties
Ms	Townsend	Val	Vital Health Care	Suite 1, 16 Boyle St SUTHERLAND 2232	Ph: 9545 6939 Fax: 9545 6828	Counselling/Therapy	Anxiety Depression Abuse	Fees apply.Please contact provider for details
Ms	Wright	Truce	Delany Wright Corpacity	Suite 4, Level 1 20-26 President Ave CARINGBAH 2229	Ph: 0410 544 910 Fax: 9012 0279	Counselling and psychotherapy for anxiety, depression, stress and life crises such as grief & loss, trauma, relationship issues, gambling and alcohol problems	Depression Anxiety disorders Grief & Loss	Will bulk bill in financial hardship & with GP recommendation

Social Worker

Mrs	Dickens	Tamaryne	Shared Solutions	Menai Resource Centre 30-34 Alison Cres MENAI 2234	Ph: 0402 475 158 Fax:	Therapy, treatment plans assessments and referrals to other services if required, follow up with clients, and a coordinated collaborative service	Trauma Children and families	Bulk bill options is negotiated with client dependant on current circumstance and capacity to be a full fee paying client
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Social Worker

		Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms	Frawley	Jacinta	Suite 6, 334 President Ave GYMEA 2227	Ph: 0414 532 690 Fax:	Analysis, psychotherapy Couple & family therapy	Long term analysis & psychotherapy Sandplay, supervision	Fees apply. Please contact provider for details
Mr	Frazer	Craig	Child, Adolescent Psychology Service 102 Gynea Bay Rd GYMEA 2227	Ph: 9540 2019 Fax: 9540 2019	Child & Adolescent counselling Family therapy	Preschool behavioural issues Parenting	Fees apply. Please contact provider for details
Ms	Lucas	Rebekah	Rebekah Lucas Counselling Service Suite 2, 3 Station St ENGADINE 2233	Ph: 0422 618 592 Fax:	Individual counselling for adults, young people and their families	Trauma Mental Health Abuse	Counselling scheme through Attorney Generals Dept

Social Worker

		Name of Service	Address	Phone /Fax	Services provided	Areas of particular interest	Fees
Ms	Piedade	Alison	TIA Social Services Suite 21B, 3rd Fl 2 Cross St HURSTVILLE 2220	Ph: 8021 6790 0402 932 136 Fax: 8021 6790	Motivational interviewing CBT Problem solving support (Solutions Focussed) Interpersonal Therapy Social skill development Tailored Group facilitatio/Training Better Access to Mental Health DVA and Workcover accredited	Complex case support- Mental Health Child and Family Support- Parenting, Child Protection Self care - Clinical Supervision for human services professionals	Low income, health care card holders, students
Ms	Tang-Pearce	Christine	Unit 1, 17 Gray St SUTHERLAND 2232	Ph: 0411 636 301 Fax: 9501 1501	Depression, anxiety & panic attacks cross-cultural adjustment issues stress & anger management, grief & loss, relationship issues in work place marriage & family, DV victims & social work report on Immigration issues	Migrants with mental health issues English, Cantonese & Mandarin available	Bulk Bill
Mrs	Wade	Dawn	Counselling & Psychotherapy Services Suite 2, 3 Station St ENGADINE 2233	Ph: 0423 046 040 Fax:	Individual counselling Couples counselling Clinical Supervision	Depression/Anxiety/Stress Women's Health, Post Natal Depression Fertility Workcover/workplace issues/balance of life	

Psychiatry Services

Psychiatrists

			Name of Service	Address	Phone/Fax	Services provided	Areas of particular interest	Other useful information
Dr	Empson	Philip	Wesley Hospital Kogarah Consulting Rooms	20 English St KOGARAH 2217	Ph: 8197 5888 Fax: 9588 4138	Private hospitalization at Wesley /Wandene General Psychiatry	General Psychiatry Psychotherapy	Clients: Adults only Service type: Individual Fees negotiable depending upon circumstances
Dr	Grace	David	Wesley Hospital Kogarah Consulting Rooms	20 English St KOGARAH 2217	Ph: 8197 5888 Fax: 9588 4138	General Adult Psychiatry Aged Care Psychiatry	Psychogeriatrics Mood Disorders Anxiety Disorders	Clients: Adults only Service type: Individual Fees apply. Please contact provider for details
Dr	Lajoie	Magella	Wesley Hospital Kogarah Consulting Rooms	20 English St KOGARAH 2217	Ph: 8197 5888 Fax: 9588 4138		Eating Disorders Depression Anxiety	Clients: Children, Youth & Adults Fees apply. Please contact provider for details
Dr	McDowell	Chris		Suite 4, 16 Gibbs St MIRANDA 2228	Ph: 9526 1344 Fax: 9526 1145	General Adult Psychiatry	Mood Disorders Psychosis Anxiety disorders	Clients: Adults only Service type: Individual Fees apply. Please contact provider for details

Psychiatrists

			Name of Service	Address	Phone/Fax	Services provided	Areas of particular interest	Other useful information
Dr	Rewais	Sheriff		Suite 4, 16 Gibbs St	Ph: 9526 1344	Child, Adolescent & Adult Psychiatry		Clients: Children, Youth, Adults Service type: Individual, couple & family Fees apply. Please contact provider for details
				MIRANDA 2228	Fax: 9526 1145			
Dr	Smith	Clive	Child & Adolescent Psychiatrist	Suite 37, 61-65 Glencoe St	Ph: 9545 4147	Child & Adolescent Psychiatrist		Clients: Children & Youth Fees apply. Please contact provider for details
				SUTHERLAND 2232	Fax: 9521 7827			
Dr	Tsovolos	Toula		The Clinical Centre The Brain & Mind Research Institute Level 4, 94 Mallet St CAMPERDOWN 2050 CAMPERDOWN 2050	Ph: 9351 0672 Fax: 9351 0855	Paediatric Psychiatry Autism Aspergers Eating Disorders Depression, Anxiety ADHD Academic Anxiety Obsessive Compulsive Disorder	Autism Spectrum Disorders Eating Disorders Obsessive Compulsive Disorder	Clients: Children & Youth only Service type: Individual & family Specialist doctor in Paediatric Mental Health Fees apply. Please contact provider for details
Dr	Whetton	Peter	Wesley Hospital Kogarah Consulting Rooms	20 English St	Ph: 8197 5888	Psychiatric Assessment & Treatment Medico Legal Reports	General Adult Psychiatry Medico Legal	Clients: Adults only Service type: Individual Fees apply. Please contact provider for details
				KOGARAH 2217	Fax: 9588 4138			
Dr	Wijeratne	C		20 English St	Ph: 8187 5888	General Adult & Old Age Psychiatry. Assessment & treatment	Mood Disorders Neurocognitive Disorders Old Age Psychiatry	Clients: Adults only Service type: Individual & Family Fees apply. Please contact provider for details
				KOGARAH 2217	Fax: 9588 4138			

Psychiatrists

			Name of Service	Address	Phone/Fax	Services provided	Areas of particular interest	Other useful information
Dr	Wilkins	Greg	Adult Psychiatric Service	Suite 29, 20 Gibbs St MIRANDA 2228	Ph: 9540 3046 Fax: 9540 3933		Post Traumatic Stress Disorder Mood Disorders Adult Attention Deficit Disorder	Clients: Adults only Service type: Individual & couple Fees apply. Please contact provider for details