

EATING DISORDERS SERVICES



Clinician Support:

<p>NSW Centre for Eating and Dieting Disorders</p> <p>Academic and service support centre funded by NSW Health</p>	<p>Based at Royal Prince Alfred Hospital</p>	<p>For list of service providers and online education: Website: www.cedd.org.au</p> <p>For advice on patient management or to arrange teleconferencing with RPA ED Team : Ph: 9515 5843 Fax: 9515 6442 Email: jfree@email.cs.nsw.gov.au</p>	<ul style="list-style-type: none"> • Clinician support • Access to services • Fosters research • Promotes awareness • Online education • Teleconferencing avail on Mon and Thurs only 	
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Public Hospital Services:

<p>Sydney Children's Hospital – Eating Disorder Unit</p>	<p>SCH High Street Randwick 2031</p>	<p>Ph: 9382 1111 Page Dr Patricia McVeagh or her staff Fax: 9419 7319</p>	<ul style="list-style-type: none"> • Child / adolescent services • In-patient, day patient or out-patient • Multidisciplinary approach 	
<p>Dept of Adolescent Medicine Children's Hospital Westmead</p>	<p>Hawkesbury Road Westmead 2145</p>	<p>Ph: 9845 2446 Fax: 9845 2517</p>	<ul style="list-style-type: none"> • Child / adolescent services • In-patient medical treatment and re-feeding program • Weekly outpatient clinics (for new or follow up patients) • Ages 12-16 years • Takes referrals from throughout NSW 	
<p>Dept of Psychological Medicine Children's Hospital Westmead</p>	<p>Hawkesbury Road Westmead 2145</p>	<p>Ph: 9845 2005</p>	<ul style="list-style-type: none"> • Outpatient family therapy • Individual therapy • Maudsley Family Therapy program • Ages 12-16 years • Takes referrals from throughout NSW 	

Public Hospital Services continued

Adolescent Unit Westmead Hospital	Hawkesbury Road Westmead 2145	Ph: 9845 6788 Fax: 9893 9062	<ul style="list-style-type: none"> • Multidisciplinary approach • Adolescent inpatient beds • Weekly outpatient clinics (for new and follow up patients) • Individual and family therapy • Ages 14-18 years 	
Redbank House Child, Adolescent and Family Psychiatry	Institute Road Westmead 2145	Ph: 9845 6477	<ul style="list-style-type: none"> • Multidisciplinary approach • Adolescent inpatient service 	
Sutherland Child, Youth and Family Team SESIAHS	Caringbah CHC Sutherland Hospital Caringbah 2229	Ph: 9522 1000	<ul style="list-style-type: none"> • Outpatient service for those not requiring urgent medical intervention 	
Illawarra Adolescent MH Service	1 Atchison Street Wollongong 2500	Ph: 4254 1500 Adolescent intake officer.	<ul style="list-style-type: none"> • Out-patient service • Multidisciplinary approach • Family therapy 	
Illawarra Eating Disorders Service	Bulli Community Health Centre 322 Princes Highway Bulli 2516	Ph: 4284 0355 Ph: 1300 792 755 (referrals)	<ul style="list-style-type: none"> • Individual and group programs • Multidisciplinary approach 	

Private Hospital Services:

Wesley Private Hospital Peter Beumont Eating Disorder Service	Wesley Private Hospital 91 Milton Street Ashfield 2131	Ph: 9716 1400 Ph: 9351 2646 (referrals)	<ul style="list-style-type: none"> • Age 14 and above • In-patient and day patient programs. (Day program BMI above 16.) • Multidisciplinary approach 	
Northside Clinic	Northside Clinic 2 Greenwich Road Greenwich 2065	Ph: 9433 3555	<ul style="list-style-type: none"> • In-patient and out-patient programs. • Multidisciplinary approach. 	
South Pacific Private	South Pacific Private 24 Beach Street Curl Curl 2096	Ph: 9905 3667 or 1800 063 332	<ul style="list-style-type: none"> • Residential program • BMI above 18 • Multidisciplinary approach. 	

Psychology Clinic:

Name	Address	Phone	Children with ED?	Adolescents with ED?	Adults with ED?	
Meridian Clinic (Multidisciplinary approach.)	801/3 Waverley Street Bondi Junction 2022	Ph: 9389 5211	✓	✓	✓	

Private Psychologists (within 10 km radius of Sutherland):

Name	Address	Phone	Children with ED?	Adolescents with ED?	Adults with ED?	
Valerie Townsend	Shire/Live 1a 2-4 Merton Street Sutherland 2232	Ph: 9542 2600	✓	✓	✓	
Edwina Birch	Shop 1 61-65 Eton Street Sutherland 2232	Ph: 9545 4147	✓	✓	✓	
Veronica Borham	Suite 19 Eton Arcade 754 Old Princes Highway Sutherland 2232	Ph: 9542 6674	✓	✓	✓	
Fiona Beall	Suite 4 852-854 Old Princes Hwy Sutherland 2232	Ph: 0432 483 026	✓	✓		
Vera Auerbach	Suite 1 17-21 Gray Street Sutherland 2232	Ph: 9545 4772	✓	✓	✓	
Natasha Langovski	Suite 1/Level 1 12 Laycock Avenue Cronulla 2230	Ph: 9544 1389	✓	✓	✓	
Dr John Kearney	20 English Street Kogarah 2217	Ph: 0409 584 881	✓	✓	✓	
Fiona Mather	Suite 15 50-52 Urunga Parade Miranda 2228	Ph: 9524 7709	✓	✓	✓	

Psychologists continued

Name	Address	Phone	Children with ED?	Adolescents with ED?	Adults with ED?	
Kim Malone	181 Rocky Point Road Ramsgate 2217	Ph: 0425 323 308	✓		✓	
Barbara Bayliss	34 Gymea Bay Road Gymea 2227	Ph: 9751 4452 (paging service)		✓	✓	
Zora Impey	Suite 7 852 Old Princes Highway Sutherland 2232 Centahealth Menai Medical Centre Level Menai Marketplace Menai 2234	Ph: 9542 1100		✓	✓	
Carol Janes	Kareela Family Practice Cnr Freya St and Solveig Cres Kareela 2232 Good Samaritan Family Practice Shop 3, 238 Princes Highway Sylvania 2226	Ph: 0414 272 634		✓	✓	
Heather Rudd	Menai Metro 5/60-96 Allison Cres Menai 2234	Ph: 0412 515 238		✓	✓	
Tracy Frazer	8 Crofts Avenue Hurstville 2220	Ph: 0412 428 676			✓	
Susan Bourne	Suite 15 50-52 Urunga Parade Miranda 2228	Ph: 9524 7709			✓	

Private Psychiatrists:

Name	Address	Contact	Comment	
Dr Mary-Ann Germain	Belvedere Consulting Rooms 27/12 Railway Parade Burwood 2134	Ph: 9745 2811 Fax: 9745 2844	Children, adolescents and young adults	
Dr Robert Gertler	193 Macquarie Street Sydney 2000	Ph: 9221 2763 Fax: 9223 1183	Over 16 years only	
Dr Vincent Leow	56 Grosvenor Street Bondi Junction 2025	Ph: 9388 0644 Fax: 9387 6211	Over 15 years only	
Dr Naresh Mondraty	Wesley Hospital 91 Milton Street Ashfield 2131	Ph: 9799 5211 Fax: 9799 5233	Over 15 years only	
Dr D Montgomery	231 Macquarie Street Sydney 2000	Ph: 9232 7117 Fax: 9232 7315	All ages	
Dr Vladimir Sazhin	91 Milton Street Ashfield 2131	Ph: 9716 6633 Fax:	Over 10 years only	
Dr C Rickard-Bell	Suite 807 3 Waverley Street Bondi Junction 2202	Ph: 9387 7093 Fax: 9387 7236	All ages	
A/Prof Janice Russell	4 th floor 2 Greenwich Road Greenwich 2065	Ph: 9969 9529 Fax: 9969 7634	All ages	
Dr Margaret Sheridan	11/130-134 Pacific Hwy St Leonards 2065	Ph: 9966 8411 Fax: 9966 4377	Over 10 years only	
Dr Wai Mun Tang	144 Wycombe Road Neutral Bay 2089	Ph: 9953 9838 Fax: 9904 0114	Over 16 years only	3 month waiting list

Dietitians:

Name	Address	Phone	Children with ED?	Adolescents with ED?	Adults with ED?	
Frances Cloughley	Centahealth, Level 1 Menai Marketplace, Menai (Tues pm, Wed all day) 304 Kingsway Caringbah (Thurs pm)	Ph: 9532 1166 (appts at both addresses) Fax: 9532 1177	✓	✓	✓	
Nastaran Habibi	12 Freya Street Kareela (9-2 Mon-Fri; Sat am)	Ph: 8213 9000 Mob: 0411 171 149	Not if severe	✓	✓	Speaks and writes Farsi. Familiar with other cultures.
Joanne Turner and Sally Jordan	34 Gibbs Street Miranda (7am-7pm service)	Ph: 9525 0255 Fax: 9524 6966	✓	✓	✓	
Dr David Mann	7/20 Gibbs Street Miranda	Ph: 9525 7521 Fax: 9524 3556	✓	✓	✓	

Services For Carers:

Carers NSW provides information and support for families/carers of people with ED, free of charge. Ph: 4285 0155

Useful Websites

- **Royal Australian and New Zealand College of Psychiatrists:** <http://www.ranzcp.org/publicarea/cpg.asp>
For clinical practice guidelines on Anorexia Nervosa.
- **Youth Mental Health website:** <http://www.reachout.com.au/home.asp>
Has info for young people on a range of conditions including eating disorders.
- **Eating Disorders Foundation of NSW:** <http://www.edf.org.au/menu.htm>
Information for patients, families and friends.
- **Australian Department of Health:** <http://www.health.gov.au/internet/wcms/Publishing.nsf/Content/mental-pubs-a-anorex>
Anorexia Nervosa: Australian Treatment Guide for Consumers and Carers
- **Dietitians Association of Australia:** www.daa.asn.au
Information on nutrition. *Find an Accredited Practising Dietitian (APD) facility.*
- **Australian Psychological Society:** <http://www.psychology.org.au>
Find a Psychologist facility.
- **Carers NSW:** www.carersnsw.asn.au
Information, resources and support for carers.