

# Health Assessments



Ask your doctor or practice nurse about health assessments!

Health assessments aim to prevent the onset of medical conditions and/or manage existing diseases.

The following is a list of the health assessments available;

- ▶ Healthy Kids Check
- ▶ 45 – 49 Year Old Health Check
- ▶ Type 2 Diabetes Risk Evaluation
- ▶ 75+ Health Assessment
- ▶ Comprehensive Medical Assessment for resident of aged care facility
- ▶ Refugee Health Assessment
- ▶ Intellectual Disability Health Assessment
- ▶ Aboriginal and Torres Strait Islander Health Assessment

Each assessment examines your physical, psychological and social function and considers whether preventive health care and education should be offered.

Before a health assessment is provided, you (or your carer) are given an explanation of the process and its likely benefits. Your consent is needed for the GP to perform the assessment.

## **C o s t s   a n d   I n f o r m a t i o n**

There may be costs associated with the health assessments. It is important that you speak to your practice nurse or GP about each assessment regarding the fees or additional costs involved. Each health assessment has its own set of eligibility criteria. Ask your GP or Practice Nurse for further information.

For information please talk to your GP or practice nurse about health assessments.