



<b>Name of Service</b>	<b>SUTHERLAND HEART AND LUNG TEAM (SHALT)</b>
<b>Address</b>	126 Kareena Road
<b>City</b>	MIRANDA
<b>State</b>	NSW
<b>Postcode</b>	2228
<b>Work Phone</b>	(02) 9540 7047
<b>Fax Number(Referrals)</b>	(02) 9540 7869
<b>Description of Service</b>	<p>The Sutherland Heart and Lung team is a community based team to coordinate care for people with congestive cardiac failure or chronic heart disease and/or chronic respiratory disease who live in the Sutherland Shire. A specialist nurse assesses the person and then a multidisciplinary management plan is created. Home monitoring and education for self management of their problem is provided. Monitoring during (trial) of Medication – such as Beta blockers, ACE inhibitors and diuretics, can be negotiated. Assessment can also be given for a supervised exercise program that can take place in their home or the hospital gym.</p>
<b>Who to refer?</b>	<p>A person who has a chronic heart or lung condition who is at risk of presentation to hospital and:</p> <ol style="list-style-type: none"><li>1. Is a resident of the Sutherland Shire (or residing with)</li><li>2. Does not live in a nursing home</li></ol>
<b>How to refer?</b>	Fax a Southcare referral form
<b>Referral criteria</b>	<p>A person who has a chronic heart or lung condition who is a risk of presentation to hospital and:</p> <ol style="list-style-type: none"><li>1. Is a resident of the Sutherland Shire (or residing with)</li><li>2. Does NOT live in a nursing home</li></ol>
<b>Is there a waiting list?</b>	Yes
<b>Waiting list details</b>	Urgent referrals are seen within 48 - 72 hours. Non urgent referrals are seen within 2 to 3 weeks. Priority is given to people referred by the hospital or who are at risk of admission of hospital.
<b>Hours/days of operation</b>	Monday to Friday 8am to 5pm
<b>Approx costs?</b>	No charge for home monitoring. Bus transport to the gym has a suggested donation of \$4 per trip.