



Name of Service	THE RETREAT - (FRAIL AGED DAY CARE) This is a HACC funded program auspiced by Southcare
Address	126 Kareena Road
City	MIRANDA
State	NSW
Postcode	2228
Work Phone	(02) 9540 7175 or (02) 9540 7540
Fax Number (Referrals)	(02) 9540 7869
Description of Service	The Retreat is a day care centre for frail or disabled aged people requiring more assistance than can be provided by volunteer run Caring Centres. The centre provides social activities in a group environment and regular respite for the carer. Potential clients are assessed by the Coordinator at home to determine if the centre can meet their needs. Transport (bus has wheelchair hoist) to and from the centre is available. The centre has the capacity of 12 clients per day. The Retreat staff consist of a Registered Nurse Coordinator, Assistant in Nursing, Diversional Therapist and a Bus Driver/General Assistant. The Retreat is located at the back of the Southcare building on the Sutherland Hospital campus.
Who to refer?	A resident of the Sutherland Shire who is elderly and frail or disabled with high care needs, who would benefit from group socialisation.
How to refer?	1. Phone or 2. Fax a Southcare referral form
Referral criteria	Residents of the Sutherland Shire (or residing with) living in their own home (excludes residential care and group homes) who are frail or disabled and require ongoing support to live at home.
Is there a waiting list?	Yes
Waiting list details	The Coordinator will phone the client/carers to advise.
Hours/days of operation	Monday to Friday 8.30am to 4.30pm
Approx costs?	Donation of \$15 per day (or as per the activities program) which includes transport to and from the centre, morning tea, lunch and centre based activities.