

75 years+ health assessment



75 YEARS + HEALTH ASSESSMENT

If you, a family member or friend are aged 75 years or over, you (they) may be eligible for an assessment which aims to prevent unnecessary health problems and manage existing conditions.

After the health assessment

Your GPs and/or Practice Nurse may recommend further investigations or refer you for other health services. Your GP/Practice Nurse will support you with advice and information about any medical conditions you have.

Cost

Speak to the practice reception staff about fees for this health assessment.

Information

For more information about the health assessment, speak with your GP or Practice Nurse

75 YEARS + HEALTH ASSESSMENT:

Your GP and/or Practice Nurse will review your health in the following way:

- ☑ Measurement of blood pressure, pulse rate and rhythm;
- ☑ Review of medication
- ☑ Identify continence issues
- ☑ Review of immunisation status for influenza, tetanus and pneumococcus
- ☑ Assessment of physical function, including daily living activities, and fall history
- ☑ Psychological function assessment, including cognition and mood
- ☑ Assessment of social function, including the need for paid and unpaid help, and whether the patient is responsible for caring for another person.

*Ask your GP/
Practice Nurse about
the 75 years+ health
assessment today!*